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designer, entrepreneur, and author of  
the New York Times bestseller Balancing  
in Heels and True Roots. She starred in  
MTV's hit series Laguna Beach and The  
Hills, as well as her very own show, Very

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Kristin Cavallari is a television host, designer, entrepreneur, and author of *Balancing in Heels*, a New York Times bestseller, and *True Roots*, which was named one of the five best gluten-free cookbooks ever published by MindBodyGreen. She stars in the E!

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bestselling author of Balancing in Heels Kristin Cavallari comes a cookbook that reveals what she eats every day.

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designer, entrepreneur, and author of the New York Times bestseller *Balancing in Heels* and *True Roots*. She starred in MTV's hit series *Laguna Beach* and *The Hills*, as well as her very own show, *Very Cavallari* on E!. Cavallari has a recurring role on E!, co-hosting the pre-show during award season.

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